# AGILE COMMUNICATION



### **Training Objectives**

#### This workshop will help you to

- communicate and negotiate effectively with your team
- understand different communication styles
- ✓ deal with resistance and objections
- ✓ create outcomes for effective results
- ✓ utilise framing to get buy in
- negotiate between business units
- create engagement to the project, team and objectives.

## **COURSE CONTENTS**

#### Welcome and Introduction

- Creating outcomes
- Multiple perspectives and open frames
- ✓ Ground rules and logistics
- Training outcomes, manual and timings

#### The structure of communication

- The conscious unconscious relationship in your mind, mental ambidexterity
- How to immediately create rapport and congruency within yourself and with others
- Learn the language gap which leads to miscommunication and how to utilise it
- ✓ Common barriers to communication and understanding

#### Resources, tasks and activities

- ✓ How communication can create frustration and difficulty
- ✓ Learn the different levels people communicate on
- ✓ Use a communication "map" to create understanding and get effective results
- The structure and benefits of non-judgmental awareness and observation

#### Intentions, objectives and time

- ✓ Meeting pre framing and effective objection negotiation
- Understanding the consequences/ benefits of a chosen communication
- How time affects communication, results and how to manipulate it
- How to facilitate communication and engagement during sprints

#### **Getting results**

- ✓ Bridging communication styles
- Framing communication to keep conversations on track
- ✓ Meetings that generate purpose and results
- ✓ Understanding rules, guidelines and pinpointing clarity

#### Integration

- ✓ A process to integrate the information, and create flexibility and targeted results in your role
- Create a personal action plan

This training is designed to be delivered in five two hour chunks for iterative learning and integration. It can also be delivered over ½ or full days to complement your Agile projects.

Contact us on 04 212 5299 or email office@k2associates.co.nz to discuss your requirements for Agile Communication Training



This workshop is both information training and experiential to apply the learning in real time. Direct experience during the training enables participants to modify, adapt and personalise the learning to your role. All participants receive a reference workbook to facilitate ongoing excellence.

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